

READERS EXPOSED



Ever wondered what sort of people read the world's best outdoor travel magazine?

www.rasalkhaimah.ae

RONA MCKAY & ROBERT PORTER

Veterinarian and researcher

LIFELONG AMBITION?

We'd love to bag all of the Munros. We're on between 70 and 80 so far, but that leaves another 200 or so to go!

PERSON YOU WOULD MOST LIKE TO MEET, AND THE QUESTION YOU'D ASK?

We'd like to meet David Attenborough. Although we don't have any clever questions, we might ask to have him record our voicemail message. That would be amazing!

IDEAL TRAVEL PARTNER AND WHY?

Our border collie Kai, who it is pretty difficult to leave behind. He also recently excelled as a guide dog when we were caught out by decreasing day length and had to descend rough ground in the dark. He's an excellent pathfinder!

PREVIOUS OUTDOOR HISTORY?

We were both taken up hills as children, and prior to training for our current expedition, enjoyed climbing Munros around Scotland.

MOST DANGEROUS MOMENT?

On one memorable moment early in our first winter training we had to cross a section of steep ice at around 60 degrees. Unfortunately, we didn't have ice axes at the time, so had to crampon across with no self-arrest capability looking straight down the couple of hundred metre drop to the valley floor. We went out and

bought ice axes the next day.

MOST MEMORABLE MOMENT?

Our mutual one would be summiting Mount Elbrus earlier this year.

WHAT DO YOU MISS MOST WHEN YOU ARE ON TRAIL?

A toilet! It's hard to over-state the pleasure of a toilet after a couple of weeks without one.

FUTURE TRAVEL PLANS?

We are in the midst of training for an attempt to walk from sea level to the summit of Everest (www.0to8848.org). Our next climb is Aconcagua in Argentina in January, before Denali in May/June 2017, and then hopefully the big expedition starts in February 2018. We are raising money and awareness for the Bantuan Coffee Foundation, a foundation established in 2012 to help victims of child sexual exploitation in Indonesia.

FAVOURITE CRAP JOKE?

Rona insists that she doesn't like crap jokes, while Robert has no such qualms. Two sausages are in a frying pan, one says, 'Wow, it's hot in here', the other says, 'Ahhh! A talking sausage!'



TOM FABBRI

Pilot, entrepreneur and adventurer

LIFELONG AMBITION?

My lifelong ambition is to live the life that I dream about... to be a modern day adventurer. Ever since I was a little boy, I would dream about adventure and travelling the world. This is exactly what I have become. I fly jets, helicopters, and have written two books on health and wellness. I am currently on a journey to complete the Adventure Grand Slam (climbing the Seven Summits and skiing to the North and South Pole). I coach executives to be their best, and I'm currently working on a reality TV show.

PERSON YOU WOULD MOST LIKE TO MEET, AND THE QUESTION YOU'D ASK?

Richard Branson. How can I help you? (I will meet Sir Richard).

IDEAL TRAVEL PARTNER AND WHY?

My wife, Rhonda, is my ideal travel partner. Although she doesn't come on the extreme adventures with me, we do love travelling the world together. Experiencing new places is, in itself, an adventure! She is my rock and completely supports my lifestyle. She is also my personal assistant and editor.

PREVIOUS OUTDOOR HISTORY?

Diving with great white sharks in Australia, climbing Mount Kilimanjaro, Mount Elbrus in Russia, Mount Kosciuszko in Australia,

Aconcagua in Argentina and Denali in Alaska.

MOST DANGEROUS MOMENT?

At 5,486m on Aconcagua, we were trapped in our tents for three days during a blizzard. Three members of another climbing team from Great Britain perished during the storm.

MOST MEMORABLE MOMENT?

After climbing Australia's highest peak, I decided to dive with great white sharks in Port Lincoln, Australia. Although I was in a shark cage, it was very surreal being surrounded by great whites as they circled the cage.

WHAT DO YOU MISS MOST WHEN YOU ARE ON TRAIL?

Family.

FUTURE TRAVEL PLANS?

I left on 22 November 2016 for Antarctica to climb Mount Vinson Massif, number six of the Seven Summits for me.

FAVOURITE CRAP JOKE?

Sorry, but I don't have any crap jokes. I'm from America. **AT**



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Want to be a reader exposed (who doesn't?!)? Make yourself known to Rob (rob@atmagazine.co.uk). Everyone we feature gets a year's free subscription to *Adventure Travel* – what a treat!

